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Research Paper

Nutrition and associated risk factors among breast cancer patients in Alappuzha

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■ **ABSTRACT** : The present study was undertaken in cancer patients with prior consent undergoing treatment in the Oncology Department of T.D. Medical College Hospital, Vandanam, Alappuzha. Hundred women undergoing treatment for breast cancer aged 30-90 years were selected by Judgmental sampling. Interview Schedule was used for collecting information on Demographic variables and Epidemiological variables. PG-Subjective Global Assessment tool was used to assess the malnutrition among the subjects. Results revealed higher incidence of breast cancer in Alappuzha and the main risk factors associated was found to be genetic factors, dietary factors and reproductive factors.

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■ **KEY WORDS**: Breast cancer, Grades, Risk factors, Malnutrition, Alappuzha

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